

WHAT'S IN YOUR FOLDERS

00 INDEX.md The public record. One row per session: which AI, what it did, when. This is what readers see. Your AI writes the row at the end of every session.

01 Drafts/ Every version of your work, numbered. Never overwrite one.

02 Services/ The raw conversations. One folder per AI service. Transcripts and model screenshots go here. Private.

03 Reviews and rulings/ What the critics said, word for word, and what you decided about each one and why. Keep the ones you rejected.

04 Sources verified/ Every source you opened yourself, and what it actually said.

05 Deposit/ The one place the files going to Zenodo live, in the exact form they go up. Upload exactly what is here, nothing else — and keep no second copy anywhere. Nothing from 01-04 goes in here unlocked. Before you upload: `python check_deposit.py "05 Deposit"`

MANIFEST - seal .md The fingerprints. One line per file. Proves nothing changed since sealing. Not the index - no words, just hashes. The seal is part of every deposit: your AI runs `python seal_record.py ""` when the work is ready (and again after any change), and the deposit check stops without it. You'll see it twice — once here, where it verifies your record, and once in 05 Deposit, where it uploads. That's on purpose.

RECORD LINK.txt Your save-code. Paste it into any AI holding the protocol to pick up where you left off.

.7z The locked box: folders 01-04, encrypted. Passphrase only with you. This is what goes public instead of the readable files. The one optional thing in a deposit - you choose whether to publish it; work, card, and seal go up regardless.

Public: 00 INDEX (via the QR card), the manifest, the .7z, the work. Private: everything else. Production is your choice.

You always keep an unlocked copy of this whole folder. Nothing in this method ever tells you to delete a file that holds your work.